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DREAM AS A MEANS OF COMMUNICATION (According to the ethnographic data)

The Georgian ethnographic reality shows a great influence of the imaginary world of dreams over the consciousness and life of people. Traditionally in Georgia dreams are considered as the means of communication with the sacred reality. Dream symbols are like "unconscious" messages. They create a situation of reminding, understanding and interpretation. The following element of this scheme is a suitable action as a reaction on the message. Sometimes in everyday life these actions occur as special rituals, which help individuals to maintain constant spiritual contact with the sacramental world and at the same time with their past and future, too. This simplifies the adaptation of each person to the social and cultural environments of their own group. The dreams still seem to play an important part as a communication means in the forming of relations inside and between the groups of Georgia.